



June 3, 2024

KELOWNA DOLPHINS ARTISTIC SWIMMING CLUB
ANNUAL GENERAL MEETING
Thursday May 23, 2024
6:30-7:30
In-person location at H2O.

AGM Meeting Minutes

Kelowna Dolphins Executive present: Kathleen Martin Ginis (President), Carmen Madson (Vice-President), Jennifer Wostradowski (Registrar)

Kelowna Dolphins Executive absent: Jessica Jensen (Secretary), Ralitza Orgeta (Treasurer)

Other Members present: Coach Julia Hansen, Athena Ginis, Darlene Atkinson, Brigitte Willson, Brooke Rule, Tina Hoek, Tamara Adams

Meeting called to order at 6:30pm

1. Land Acknowledgement and Call to Order (Kathleen Martin Ginis)

Kathleen acknowledged we are on the traditional, unceded territory of the Syilx Okanagan People.

2. Approval of Agenda and 2023 AGM Meeting Minutes (Kathleen Martin Ginis)

- Kathleen acknowledged Meeting minutes from 2023 AGM were circulated to members prior to May 23.

Motion moved to accept the 2023 AGM meeting minutes by Jennifer, seconded by Darlene and Kathleen. All in favour.

3. President's Report (Kathleen Martin Ginis)

- Membership: This year, we had five coaches and a total of 26 registered athletes, plus about 12 Aqua Go for a total of 38. This is down from last year's total of 47 but identical to our numbers two years ago. The main difference this year was fewer UBCO students and not all of our coaches competed.
- We had another unusual start to the season with KFY being closed through September (usually the H2O is closed) but got into our full training schedule the first week of October.
- We did not attend either of the training meets in the Lower Mainland in Nov/Dec or the Interior Fun Meet in Kamloops in March. We had made this decision as a Board last year due to safety (driving to the Lower Mainland in winter) and a cost-benefit analysis of the Fun Meet. We need to continue to press BCAS for other options for athletes in the interior to gain competition experience. It would benefit our athletes to have more competition experience going into Provincial Qualifiers and Provincials.
- Improved communication continued to be a priority this season (2022-23). Coach Julia's regular newsletters and monthly calendars have made a huge difference, along with organized communication channels within the teams, and the use of a club e-mail list. Our club secretary Jess Jensen has done a terrific job distributing information within the club and Arianna Wentworth manages the club's info email box and does a terrific job answering all the inquiries and also keeping a tab on what info we need to get out to the community. While we can still do better with communication, the club continues to up its game. We need more volunteer hours to improve; we're doing well with what we have.
- Thank you to Darlene Atkinson for getting the Club clothed this season→Club uniforms are a priority for 2024-25. I know some people would like more clothing options. That's do-able so long as we have enough people ordering to meet the minimum order requirement.
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- Our athletes had a couple of sessions with Dr. Forneris, a sport psychologist from UBCO. We received a grant from ViaSport to bring in a nutritionist for three sessions. Thank you to Alanna Shwed for doing the application. I heard from the athletes and the coaches that they benefited from the mental skills training and nutrition sessions.
- We received two Aqua Go Grants; one written by Alanna Shwed and Coach Nasta which reduced costs for all swimmers by \$45 over the winter. The second grant fully funds the program in June for Indigenous children and newcomers to Canada.
- Incredible fundraising this year! Ralitza Orgeta got us into the casino for a Burger & Beer Fundraiser which raised \$2700 in December. Jess and Carmen M spearheaded the car wash and donut fundraiser which raised another \$1K. Thank you, thank you to the board, to families who donated and who came out to support and volunteer. Thank you to Carmen C for managing the bottle drive and the holidays sales fundraiser. The money raised will go to purchasing a deck-top storage locker for the club's speaker and other equipment.
- The Mabel Moran/Provincial Qualifier meet was a huge success for our club. Athletes won ribbons in every event in which a Dolphin athlete was entered. Dolphins also took gold and silver medals in the Masters Recreation divisions.
- The Club had an incredible Provincial Championships. All athletes brought home ribbons, as well as a gold in the 16-20 Team, and silver for the Limited Competitive team.
- Three athletes and two coaches will represent our region at BC Summer Games
- The Club's success hinges on the support of our volunteers. In addition to the people I've mentioned I'd also like to give a shout out to:
 - o Our Executive Board
 - o Webmaster – Carmen Madson
 - o Coaches – paid, but they put in a lot of unpaid volunteer hours
- Going forward, I want to emphasize the need for more volunteers. There are approximately 100 hours of volunteer work that go into running the club each month. The structure of a handful of parents and masters athletes helping worked when the club was <10, but it doesn't work anymore. We need volunteers to help with: Communications, finance, coordinating Aqua Go, fundraising
- Finance—we've operated on a cost-recovery basis. Need to move to a new model
- Reflects the growth of the club.
- It's been a privilege to serve the club and the community the past 3 years and a pleasure serving with this board. As I pass the baton to a new president, I know that the Dolphins continue to ride an upward trajectory of success.

4. Treasurer's Report (Kathleen Martin Ginis)

- Club treasurer absent and financial statement not available
- Kathleen reported that the club's balance as of May 23 was \$ 12,344.82
- Still waiting for AquaGo Grant

5. Head Coach's Report (Julia Hansen)

- Athletes have improved technically greatly, AquaGo numbers were good this year.
- Both figures and routine scores have gone up about 4 points in the last couple years
- Need to build the size of the 10-12 year old competitive team
- More volunteers needed.



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6. Proposed New Club Policies (Kathleen Martin Ginis)

- Kathleen circulated the two new proposed policies ahead of time:

Extra Routine Selection Criteria/Considerations Policy

This policy was established to outline athlete selection process for extra routines. One question from the floor (Darlene): Do past solo/duet routines dictate future opportunities? Does passion for the sport have any influence on coach's decisions? Julia indicated that this is covered in the policy.

Motion made by Jennifer to approve the Extra Routine Selection Criteria/Considerations Policy. Seconded by Carmen. Approved by all.

Volunteer Policy

Volunteering is an essential component to the KDAS operations and the Board recognizes that members who volunteer to work are essential. The club needs more volunteers to support smooth operations of the KDAS, otherwise the KDAS will need to hire outside support (at the cost of members). The draft policy outlines that a deposit of \$200 will be required at registration, and if the swimmer/family completes volunteering throughout the year, a portion or the full deposit will be returned. Question regarding swimmers who are also coaches – they will not be required to complete this

Based on the discussion, the final policy will be revised to reflect \$200 deposit or complete 10 hours of volunteer hours with no pro-rated amount.

Motion made by Darlene to approve the Volunteer Policy with the amendment to reflect \$200 deposit or complete 10 hours of volunteer hours with no pro-rated amount. Seconded by Jennifer. Approved by all.

7. Call for Nominations and Elections, 2024 Kelowna Dolphins Executive Board and Club Operations Positions

- Kathleen outlined the board policy that all roles are 1 year, and therefore all roles are available. She also outlined that the board policy states that the Society must have a minimum of 3 Directors and a maximum of 11 Directors.
- Board names who have put their names forward for their current positions are Carmen, Jessica, Jennifer, Ralitza
- Open Board Positions: President (no new volunteers)
- Carmen M. volunteered to move from Vice-President to President, and Jessica volunteered for Vice-President. Darlene agreed to take on secretary.
- **The following were put forward for uncontested election**
 - President: Carmen Madson
 - Vice President: Jessica Jensen
 - Treasurer: Ralitza Orgeta
 - Secretary: Darlene Atkinson
 - Registrar/Member-at-Large: Jennifer Wostradowski
 - Member-at-Large: Bridgette Wilson

Motion to approve the elected by Athena and seconded Jennifer. All approved.

Attendees thanked Kathleen for all of her work as the Kelowna Dolphins President.



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- **The following club operations positions (non-voting member) were filled:**

Information Officer: Sarah Beer and Adrianna Wentworth

Fundraising: Tamara Adams and Brooke Rule

Teamwear: Tina Hoek, with help from Darlene Atkinson

Grant: Alanna Shwed

Financial Operations Compliance: Bridgette Wilson

Website: Carmen Madson

8. Other Business

- Masters Try-it-Night – have someone in the lobby as a greeter
- Watershows – early in May (although conflicts with coaches exams), make it a fundraiser (by donation), and showcase Artistic Swimming to the community

Meeting adjourned at 8:00 pm.